Independent Living Resource Center
Multi-service agency promoting independence for individuals with disabilities through information, referral, advocacy, and support.
www.ilruc.org
Auburn (530) 885-6100

Del Oro Caregiver Resource Center
(916) 971-0893 (800) 635-0220
http://www.deloro.org

Community Colleges
Adapted physical education programs for students with disabilities by providing ongoing fitness and exercise.

El Dorado Center
DSP&S (530) 642-5630

In Home Support Services (IHSS)
Services to help persons with disabilities with limited resources.
El Dorado County: (800) 510-2020
Placerville: (530) 621-6150
South Lake Tahoe (530) 573-3490

Medi-Cal
(530) 642-7300

Durable Medical Equipment (DME)
Kaiser DME Dept: (925) 372-1795

Easter Seal Society
Multi-service agency offering physical and occupational therapies as well as support and social groups.
(916) 485-6711

Paratransit
Wheelchair accessible van, providing door-to-door transportation in the community.
www.apta.com/links/state_local/ca.cfm
El Dorado Transit (530) 642-5383
Lake Tahoe Transit (800) 736-6365

Department of Vocational Rehabilitation
Provides training/education to help develop skills to return to work or find more suitable employment
Placerville: (530) 626-0900
South Lake Tahoe: (530) 541-3226

Sacramento American Stroke Association
Local support group information.
Saving Strokes Adaptive Golf
(916) 446-6505

3/2/2012